



GoodLife
CORPORATE WELLNESS

KINGSTON HEALTH SCIENCES CENTRE

has invested in your health & wellness

**ONLINE REGISTRATION
NOW AVAILABLE**

Simply register for your GoodLife Fitness Corporate Membership today @

CORPORATE.GOODLIFEFITNESS.COM

- Significant savings off regular GoodLife Fitness membership rates
- Access to over 280 GoodLife Fitness Clubs across Canada including 50 Energie Cardio Clubs in Quebec
- Corporate rate extended to 4 additional family members
- State-of-the-art cardio equipment
- All free weights and weight machines
- World-renowned Group Fitness classes
- Professionally trained staff to assist you in achieving your goals
- Towel Service (where available, except Energie Cardio)
- Child minding (available at an additional fee)
- Seeking a health or fitness assessment? Ask the club about a LifeChanger
- 24 hour locations (select clubs only)
- Access to the GoodLife Fitness Member Advantage Program - savings and special offers from over 100 popular brands

Visit GOODLIFEFITNESS.COM

Visit ENERGIECARDIO.COM

FOR A COMPLETE LIST OF CLUB LOCATIONS AND AMENITIES

